



# Shawnee 50K Aid Station Chart



A.S. #	Name	Mileage	Section Mileage	Crew Access	Drop Bags	Aid Station Size	Elevation	4.5 Hour Pace (8:43/mi)	9 Hour Pace (17:25/mi)	14 Hour Pace (27:06/mi)	Cut-off Time (AS Closes)	Waypoints (for GPS)
0	Start	0	0	Yes	Yes	n/a	977'	0:00:00	0:00:00	0:00:00	None	38.74018, -83.2041
1	Fire Tower	6.1	6.1	Yes	No	Full	1284'	53:10	1:46:14	2:45:30	3:15:00	38.77265, -83.1715
2	Bear Creek	9.5	3.4	No	No	Water Only*	866'	1:22:48	2:45:27	4:17:46	None	38.77393, -83.13929
3	Odell Creek	14.1	4.6	Yes	No	Medium	690'	2:11:37	4:22:59	6:49:42	None	38.73589, -83.11832
4	Camp Oyo	17.4	3.3	No	Yes	Full	625'	2:40:23	5:20:28	8:18:15**	6:45:00	38.72678, -83.15414
5	Mackletree Rd.	24.3	6.9	No	No	Medium	923'	3:33:33	7:06:42	11:04:46	14:00:00	38.70932, -83.23396
6	Lampblack	27.6	3.3	No	No	Water Only*	1074'	4:02:19	8:04:11	12:34:18	None	38.72936, -83.23891
7	Finish	31.8	4.2	Yes	Yes	Full	977'	<b>4:30:00</b>	<b>9:00:00</b>	<b>14:00:00</b>	<b>16:00:00</b>	38.74018, -83.2041

\*Water Only aid station are unmanned/self-served and will only have water available for runners, and no food or other nutrition items.

\*\*Note that a 14 hour finish time (27:06/mi pace) for the 50K puts you through the Camp Oyo Aid Station after the Aid Station cut-off time.