



Shawnee 50 Mile Aid Station Chart

Shawnee's Premier
"50 MILER"
Trail Run

A.S. #	Name	Mileage	Section Mileage	Crew Access	Drop Bags	Aid Station Size	Elevation	8 Hour Pace (8:53/mi)	12 Hour Pace (13:20/mi)	17 Hour Pace (18:53/mi)	Cut-off Time (AS Closes)	Waypoints (for GPS)
0	Start	0	0	Yes	Yes	n/a	977'	0:00:00	0:00:00	0:00:00	None	38.74018, -83.2041
1	Fire Tower	12.1	12.1	Yes	No	Full	1284'	1:47:33	2:41:20	3:48:33	4:15:00	38.77265, -83.1715
2	Bear Creek	15.5	3.4	No	No	Water Only*	866'	2:17:46	3:26:40	4:52:46	None	38.77393, -83.13929
3	Odell Creek	20.1	4.6	Yes	No	Medium	690'	2:58:40	4:28:01	6:19:40	None	38.73589, -83.11832
4	Camp Oyo	23.4	3.3	No	Yes	Full	625'	3:28:00	5:12:00	7:22:00	7:45:00	38.72678, -83.15414
5	Pond Lick	28.2	4.8	Yes	No	Medium	741'	4:10:40	6:16:00	8:52:39	9:15:00	38.69682, -83.17413
6	Hangover	32.4	4.2	No	No	Medium	1192'	4:48:00	7:12:00	10:12:00	10:35:00	38.66294, -83.20587
7	Twin Creek #1	38.2	5.8	Yes	Yes	Full	786'	5:39:33	8:29:20	12:01:33	12:25:00	38.67218, -83.24889
8	Twin Creek #2	43	4.8	Yes**	No	Medium	871'	6:22:13	9:33:20	13:32:13	13:55:00	38.68667, -83.26092
9	Mackletree Rd.	46.5	3.5	No	No	Medium	923'	6:53:20	10:20:00	14:38:20	15:00:00	38.70932, -83.23396
10	Lampblack	49.8	3.3	No	No	Water Only*	1074'	7:22:40	11:04:00	15:40:40	None	38.72936, -83.23891
11	Finish	54	4.2	Yes	Yes	Full	977'	8:00:00	12:00:00	17:00:00	17:00:00	38.74018, -83.2041

*Water Only aid station are unmanned/self-served and will only have water available for runners, and no food or other nutrition items.

**The Twin Creek #2 aid station can only be accessed by crew on foot, about a 1.3 mile walk on a paved road from Twin Creek #1 aid station. Please refer to Crew Instructions for details.